

YOUTH NAME:	- KIN
VOLUNTEER SITE:	_ SUN
Session: (circle one) Summer / Winter	(year)
Hours Youth Plans to Volunteer: (between 25 & 50):	

VOLUNTEER TIME SHEET

FILL IN VOLUNTEER HOURS BELOW (ATTACH ANOTHER SHEET IF MORE SPACE IS NEEDED)

DATE	TIME IN	TIME OUT	TOTAL HOURS	MENTOR INITIALS
CDAND TO	STAL NUMBER OF	HOURS.	_	
GRAND TOTAL NUMBER OF HOURS: =				
Please see backside of timesheet to view some of your options.				
MENTOR COMMENTS:				
Mentor Signature:			Date	:

St. Louis County Extension Office The Incredible Exchange

AP Cook Building 2503 Rice Lake Road Duluth, MN 55811 Office: 218-733-2871 FAX: 218-733-2888

Email: JohnsonS@stlouiscountyMN.gov





YOUR EXCHANGE CERTIFICATE

For more information, contact Sarah, The Incredible Exchange at (218)733-2871 or at: JohnsonS@stlouiscountyMN.gov

You will receive your Exchange Certificate once the following happens:

- You complete your volunteer hours. Volunteers must complete their hours by August 31 (for summer participants) and by April 30 (for winter participants).
- We receive your completed Volunteer Time Sheet from your site mentor—your Exchange Certificate choice must be included on Time Sheet.

Your Exchange Certificate is based on the number of hours (between 25-50) you volunteer during your Incredible Exchange session. To receive a certificate you must volunteer a minimum of 25 hours. The maximum you can receive credit for is 50 hours. The more hours you volunteer, the more your Exchange Certificate is written for, so we encourage you to complete all 50 hours!

Please contact the recreational or cultural site directly for information on their prices and what type of classes/lessons they offer. We are not able to recommend where to use your Exchange Certificate.

Below is a list of sites that have been preapproved to use your Exchange Certificate. If there is an activity you are interested in that is not listed below, contact The Incredible Exchange office.

PRE-APPROVED LOCATIONS:

• Camp Esquagama (218)865-6589 www.campesquagama.com

DANCE & GYMNASTICS:

Madill Dance Center	(218)628-2269
 Minnesota Ballet 	(218)529-3742
 Stacey's Studio of Dance 	(218)728-6080
Duluth Dance Center	(218)525-0006

MUSIC (INSTRUMENT/VOICE):

 Hamlin Music Academy 	(218)624-2619
Schmitt Music	(218)727-8341
 UMD Music Academy 	(218)726-7011

MARTIAL ARTS:

•	North Shore Taekwondo	(218)722-1566
•	Mattevi Martial Arts	(715)394-5425

HORSEBACK RIDING:

•	Prospect Farms	(218)525-7674
•	West Amity Stables	(218)525-7171
•	River Ranch Arena	(218)878-0055

SKI SEASON PASS:

 Spirit Mountain 	(218)624-8523
Mont du Lac	(218)626-3797
 Snowflake Nordic Center 	(218)726-1550

GOLF SEASON PASS:

- Pike Lake Golf Course Junior Pass
- · Proctor Golf Course Junior Membership
- Enger/Lester Park Golf Course Junior Unrestricted Golf pass (you will need to cover any cost over \$200)

DULUTH AREA YMCA - 1-yr membership or classes

OTHER SITES:

•	Arrowhead Tennis Center	(218)722-0810
•	The Duluth Playhouse	(218)733-7555
•	Vertical Endeavors	(218)279-9980

IMPORTANT RESTRICTIONS:

CERTIFICATE VALUE & PAYMENT

The \$ value, based on your number of volunteer hours, will be listed on your Certificate. Any costs/expenses you incur over the \$ value of your Certificate will be your responsibility.

We are not able to refund you for any balance remaining on the value of your Certificate. Example: If your Certificate is valued at \$200 but your pass/classes/lessons only cost \$180, we cannot refund you the \$20 difference.

Certificates are non-transferable. Payment can only go directly to sites (and not to volunteers) upon receipt of a valid invoice.

NON-COVERED ITEMS

Some sites may require additional expenses which are not covered by your Certificate. Examples of expenses not covered include: equipment, uniforms, school-sponsored activities, sports registrations, class trips/travel, and driver education classes.

FAMILY-RELATED EXPENSES

Certificates can only be used by the Incredible Exchange youth volunteer. They **cannot** be used for expenses incurred by family or friends, or towards family memberships.

EXPIRATION DATE

Due to budget guidelines, Certificates <u>must</u>be redeemed by the date shown on the Certificate. We are <u>unable</u> to honor Certificates beyond the expiration date.

DISCLAIMER

The inclusion of programs on this sheet does not constitute endorsement, nor does omission constitute disapproval.



